



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Rice Krispies Apricots Milk</p> <p>-----</p> <p>Beef Taco Taco shell - WGR **Corn tortilla- WGR Shredded Lettuce Diced Tomato Steamed Corn Mango Chunks Milk</p> <p>-----</p> <p>Goldfish Pretzels - WGR Milk</p>	<p>2 Pancakes -WGR Syrup Sugar Free Applesauce Milk</p> <p>-----</p> <p>Chicken chow mein - WGR Broccoli **Steamed Broccoli watermelon Milk</p> <p>-----</p> <p>Pineapple Cottage cheese Milk</p>	<p>3 Bagel - WGR Cream Cheese Diced Pear Milk</p> <p>-----</p> <p>Turkey and Cheese Sandwich Bread - WGR Pineapple Chunks Zucchini Sticks Ranch Mayonnaise Milk</p> <p>-----</p> <p>Animal Crackers Milk</p>
<p>6 Multi Grain Cheerios - WGR Apricots Milk</p> <p>-----</p> <p>Beef Fajitas Corn Tortilla - WGR Shredded Lettuce **Steamed Baby Carrots Baby Carrots Blueberries **Applesauce Milk</p> <p>-----</p> <p>Pita Bread - WGR Hummus Milk</p>	<p>7 Waffles - WGR Sugar Free Syrup Pineapple Tidbits Milk</p> <p>-----</p> <p>Orange Chicken Brown Rice - WGR Zucchini Sticks Ranch Honeydew Chunks Milk</p> <p>-----</p> <p>Yogurt Granola - WGR Diced Strawberries Milk</p>	<p>8 Kix - WGR Bananas Milk</p> <p>-----</p> <p>Salisbury Steak, Gravy Dinner Roll - WGR Cantaloupe Chunks Mashed Potatoes Milk</p> <p>-----</p> <p>Mixed Fruit Milk</p>	<p>9 Corn muffin - WGR Oranges Milk</p> <p>-----</p> <p>Chicken Marinara Bread - WGR Parmesan Cheese **Steamed Broccoli/ EHS only Jicama Sticks Pineapple Chunks Milk</p> <p>-----</p> <p>Pretzel Goldfish - WGR Milk</p>	<p>10 Banana Muffin - WGR Applesauce Milk</p> <p>-----</p> <p>Soy Butter and Strawberry Jelly Sandwich Bread - WGR Watermelon Chunks Sliced Cucumbers Milk</p> <p>-----</p> <p>Cottage Cheese Dice Peaches Milk</p>
<p>13 Bagel - WGR Cream Cheese Diced Pear Milk</p> <p>-----</p> <p>Chicken verde Rice Pilaf California Blend Watermelon Chunks Milk</p> <p>-----</p> <p>Strawberries Cottage Cheese Milk</p>	<p>14 Rice Krispies Oranges Milk</p> <p>-----</p> <p>Spaghetti and Meatballs Pasta- WGR Meatballs Zucchini Sticks Ranch Cantaloupe Chunks Milk</p> <p>-----</p> <p>Teddy Grahams - WGR Milk</p>	<p>15 English Muffin - WGR Grape Jelly Bananas</p> <p>-----</p> <p>Chicken Nuggets -WGR Bread - WGR Carrots **Steamed Carrots Mango Chunks Ketchup Milk</p> <p>-----</p> <p>Diced peaches Milk</p>	<p>16 Cheerios - WGR Applesauce Milk</p> <p>-----</p> <p>Pizza Beef pepperoni Flat Bread - WGR Pineapple Chunks Sliced Cucumbers Milk</p> <p>-----</p> <p>Animal crackers Milk</p>	<p>17 NSD</p>
<p>20 HOL</p>	<p>21 Rice chex -WGR Apricots Milk</p> <p>-----</p> <p>Chicken Patty Bun -WGR Watermelon Chunks Cucumber Ketchup Mayo Milk</p> <p>-----</p> <p>Banana Muffin - WGR Milk</p>	<p>22 Pancakes -WGR Syrup Sugar Free Diced Peaches Milk</p> <p>-----</p> <p>Chicken Alfredo pasta - WGR Steamed Mix Vegetables Cantaloupe Chunks Milk</p> <p>-----</p> <p>Pita Bread- WGR Hummus Milk</p>	<p>23 Bread - WGR Soy Butter Banana Milk</p> <p>-----</p> <p>Cheese Enchilada Casserole- WGR Steamed Corn Grapes **Diced Peaches Shredded Lettuce Low fat Sour Cream Milk</p> <p>-----</p> <p>Cheez-it - WGR Milk</p>	<p>24 Mini Wheat Bites -WGR Pineapple Tidbits Milk</p> <p>-----</p> <p>Chicken Caesar Wrap Flour Tortilla - WGR Cucumbers Chopped Romaine Lettuce Parmesan Cheese Caesar Dressing Mangos Milk</p> <p>-----</p> <p>Applesauce Milk</p>
<p>27 Rice Krispies Pineapple Tidbits Milk</p> <p>-----</p> <p>BBQ Chicken Coleslaw **Steamed Peas/ EHS only Hamburger Bun - WGR Sliced Apples **Applesauce Milk</p> <p>-----</p> <p>Yogurt parfait Granola - WGR Diced Strawberries Milk</p>	<p>28 Blueberry Muffin WGR Diced Pears Milk</p> <p>-----</p> <p>Vegetarian Refried Beans Flour Tortilla - WGR Mango Chunks Steamed Corn Shredded Cheddar Cheese Milk</p> <p>-----</p> <p>Teddy Grahams - WGR Milk</p>			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Whole, unflavored milk is served to children one year of age.
1% unflavored milk will be served to all children two years and older.
WGR-Whole Grain Rich foods will be served every day.