






How to Get Food Help in Orange County – 4/2022

Organization	Ask About These Programs	Contact Info
	<ul style="list-style-type: none"> • SNAP • CalFresh Expedited Services • Restaurant Meals Program • CalFresh & Farmers Markets • Market Match Program 	<p>For interactive assistance: (714) 541-4895 For live assistance: (800) 281-9799 www.MyBenefitsCalwin.org www.getcalfresh.org Restaurant Meals Program Locations: http://ssa.ocgov.com/calfresh/calfresh/rmp_locations</p>
	<ul style="list-style-type: none"> • Pre-Screening for CalFresh Program • CalFresh & Farmers Markets • Senior Meals Programs (Congregate or Home Delivered Meals) • Additional Food Assistance Programs 	<p>Call 2-1-1 or (888) 600-4357 (toll free) 24-hrs www.211oc.org Farmers Markets & CalFresh: https://ocfoodhelp.org/farmers-markets/</p>
	<ul style="list-style-type: none"> • Pre-Screening for CalFresh Program • The Emergency Food Assistance Program (TEFAP or EFAP) • Commodity Supplemental Food Program (CSFP) 	<p>(714) 897-6670 www.ocfoodbank.org</p>
	<ul style="list-style-type: none"> • Kids Cafe and Summer Meals • Child and Adult Care Food Program (CACFP) • School Pantry and College Pantry • The Emergency Food Assistance Program (TEFAP or EFAP) • Mobile Pantry • Senior Grocery Program • Park-it-Market 	<p>Call 2-1-1 or text your zip code to 898-211 www.OCFoodHelp.org</p>
	<ul style="list-style-type: none"> • Nutrition education & supplemental foods • Breastfeeding support • Farmers' Market vouchers 	<p>888-WIC-Works (888-942-9675) https://myfamily.wic.ca.gov/</p>

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	<ul style="list-style-type: none"> • Free and Reduced-Price Lunch • Free and Reduced-Price Breakfast 	<p>Contact your local school district.</p>
	<ul style="list-style-type: none"> • Child and Adult Care Food Program (CACFP) • Senior Meals Programs (Congregate or Home Delivered Meals) • Senior Farmers Market Nutrition Program (SFMNP) 	<p>(800) 510-2020</p> <p>http://officeonaging.ocgov.com</p>
	<ul style="list-style-type: none"> • Nutrition education & physical activity supports • Policy Systems & Environmental Changes 	<p>Catholic Charities of OC: (714) 347-9611 OC Health Care Agency: (833) 464-4562</p>
	<ul style="list-style-type: none"> • Nutrition education supports • Master Food Preserver Program 	<p>Nutrition Education: https://ucanr.edu/sites/EFNEP_OC/</p> <p>Master Food Preserver: https://ucanr.edu/sites/MFPOC</p>
	<ul style="list-style-type: none"> • Supports for food security and reduction of food waste 	<p>http://www.aboundfoodcare.org/</p>